

MAR THOMA COLLEGE

CHUNGATHARA



NATIONAL SERVICE SCHEME

राष्ट्रीय सेवा योजना

UNIT NO: 93 & 128

NSS ACTIVITY REPORT

2018-2019

NSS ACTIVITIES ON 2018-2019 ACADEMIC YEAR

Fund Raising Programme for Abhayam House Project

A two-day programme was arranged at Chungathara panchayath on 20-04-2018 to 21-04-2018. 50 NSS volunteers were participated in this programme. As a part of the programme, volunteers have collected newspaper and other paper waste materials and sold the collected scrap to a nearby shop and used the collected amount for 'ABHAYAM' house construction project.



College & Hospital Cleaning

Our volunteers cleaned Mar Thoma College and nearby hospital (Mar Thoma Hospital, Chungathara) on 26 - 05 - 2018 to 27-05-2018. 100 volunteers were participated in this program with the leadership of NSS Programme Officers.



Celebration of International Day of Yoga

International Yoga Day was celebrated on 21-06-2018 in the Campus. Our NSS volunteer Miss. Aparna delivered a speech about Yoga. Mr. Arjun was awarded first prize for being the winner of Yoga photo competition. Yoga was demonstrated in this programme by our volunteers.



Practice for Resisting Communicable Diseases

A class was conducted on 05-07-2018 to make awareness among students about communicable diseases and their preventive measures.



NSS - Flood Affected Area Cleaning & Caring

As per the direction of NSS District Coordinator, cleaning of the flood affected areas was conducted on 11-08-2018. Students actively participated in this programme. Students cleaned flood affected areas and provided a helping hand to those who are in need.



Gandhi Jayanti Celebration

Gandhi Jayanti celebrations were held on 02-10-2018. Principal Dr. Raina Thomas inaugurated the program. Cleaning of the college premises was done on that day.

University of Calicut - Best NSS Volunteer Award

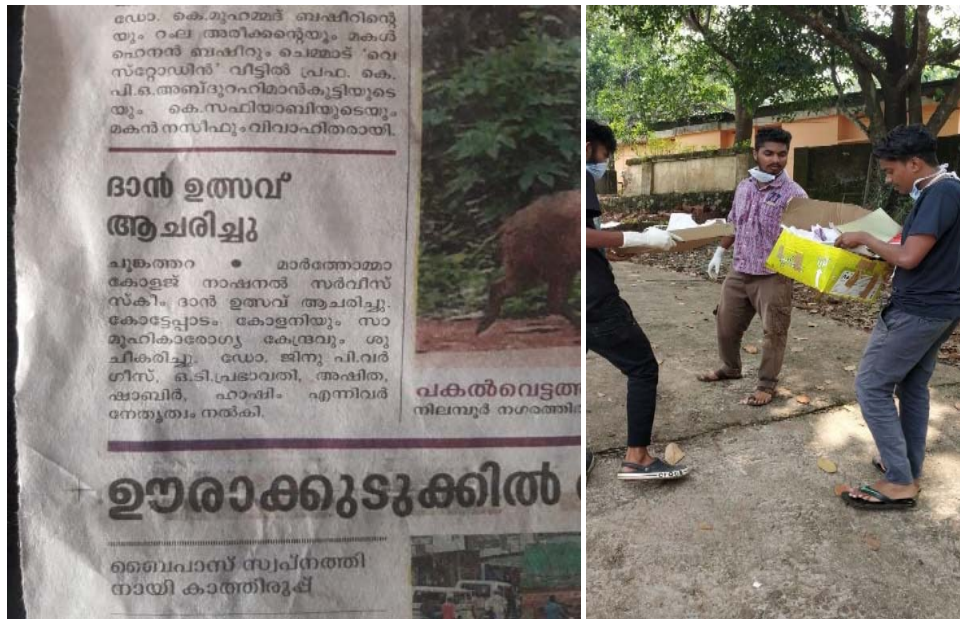
Our NSS Volunteer Mr. Ajesh P S, IIIrd BA Economics Student has awarded as the best NSS Volunteer of the University of Calicut on 07/10/2018.



Dhaan Utsav & Kottepadam Primary Health Centre Cleaning

'The Joy of given week' or 'Dhaan Utsav' was celebrated in our campus on 13-10-2018. On that day Kottepadam P.H.C was cleaned by our Volunteers. All NSS Volunteers have participated in the program.





World Aids Day Celebration and Orientation Classes for First Year Volunteers

As a part of World Aids Day, NSS conducted a Red Ribbon rally on 01-12-2018 from Mar Thoma College to Chungathara Pvt. Bus Stand. The rally was flagged off by Principal Dr. Raina Thomas. Then an orientation class was conducted for the newly selected NSS Volunteers in audio visual hall of the College.



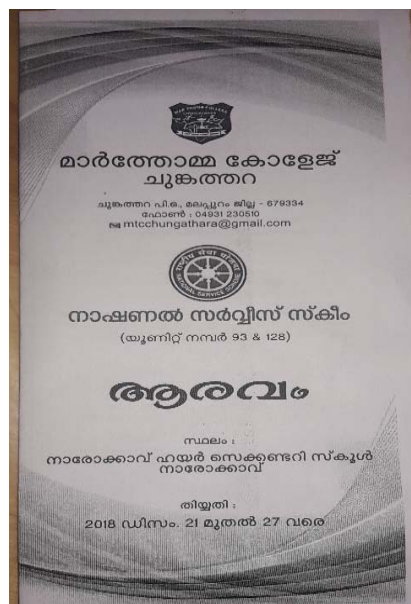


Celebration of International Minority Day

College NSS Unit celebrated International Minority Day on 18-12-2018. Quiz and Debate competitions were organized on that day.



Seven Days Special Camp - 'AARAVAM'



A seven-day special camp was organized in Narokkavu Higher Secondary School (N.H.S.S, Narokkavu) from 21-12-2018 to 27-12-2018. 93 volunteers and Programme Officers participated in this Camp. The aim of the camp was to create an attitude about caring of society, check dam construction and road maintenance.



Construction Work

The camp volunteers undertook the following programmes within the camp period.

1. Check Dam construction at Kalakkan puzha, Narokkavu.
2. Check Dam construction at Kurudipuzha, Narokkavu
3. Road Construction at Kunnummalpotty, Kurudipuzha road







Wheel Chair Donation Campaign

NSS units of Mar Thoma College and Kerala State Handicapped Persons Welfare Corporation jointly organized Wheel Chair Donation Campaign for persons with disability on 03-01-2019. This Programme is also known as **SHUBHAYATRA**.



Palliative Day Celebration

As a part of Palliative day on 15-01-2019, NSS volunteers of the College organized a rally from Mar Thoma College to MPM Higher Secondary School, Chungathara. College principal Dr. Raina Thomas inaugurated the programme. Our Volunteers regularly visit **SNEHATHEERAM** Palliative in Chungathara.



Kottepadam Basic School Visiting

Our Volunteers and Teachers Visited Badal School at Kottepadam (adopted village) and donated school materials on 23-01-2019.



Republic Day Celebration

NSS Unit of our college celebrated Republic Day on 26-01-2019. Excise Department of Kerala State organized **VIMUKTHI** Programme on that day. Our volunteers named Mr. Akhil, Mr. Amal and Mr. Adarsh won First, Second, and Third prizes respectively in VIMUKTHI Programme.



ABHAYAM - House Dedication

ABHAYAM is a major project in the part of silver jubilee celebrations in University of Calicut. Our unit dedicated ABHAYAM House (3rd House) to Thomas Chirayil, Kodalipoyil, Bhoodanam beneficiary of Abhayam House on 30-01-2019



Archaeological Exhibition

NSS Units and Union of the college jointly organized an Archaeological Exhibition on 05-02-2019. Dr. M. O Koshy Former Pro-Vice Chancellor of Kannur University and member of Higher Education Commission of Mar Thoma Church inaugurated the program. Many of NSS Volunteers and students actively participated in this programme.



Participation in Lok Sabha Election

Some of our NSS Volunteers were selected as volunteers of Lok Sabha Election on 20-04-2019. They actively participated and took various responsibilities of Lok Sabha Election on 23-04-2019.
